

Cooking

Master the art of cooking and create delicious dishes

A practical journey through the world of cooking, from the basics to advanced techniques. Learn with real examples and apply your knowledge from day one.

6 modules

What you'll learn

- ✓ Learn basic skills like knife handling and flavor
- ✓ Discover cooking techniques and prepare full meals
- ✓ Understand how to cook for profit and present your dishes effectively

Syllabus

1 The basics

Knife skills Flavor

2 Techniques

Cooking methods Full dishes

3 Cook to sell

Plate costing Presentation

Who is it for?

Aspiring chefs, home cooks, and food enthusiasts who want to improve their culinary skills

Start today at capacita.paulovila.org

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