

After an earthquake: the first 72 hours

Protect lives and communities in the critical first 72 hours after an earthquake

A practical guide to the first 72 hours after an earthquake, from immediate safety decisions to protecting essential resources. Learn clear steps to keep yourself, your family, and your community safe when every minute counts.

4 modules

What you'll learn

- ✓ Assess safety before helping others
- ✓ Secure water, gas, and electricity
- ✓ Avoid re-entering damaged structures
- ✓ Coordinate verified communication and help

Syllabus

1 Life and safety first

Assess before helping Do not re-enter a damaged structure

2 Protect resources and community

Water, gas, and electricity Communication and verified help

Who is it for?

First responders, community leaders, and individuals who want to act safely during earthquake emergencies.

Start today at capacita.paulovila.org

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