

Family emergency plan

Prepare your family for the unexpected, before it happens

A practical, step-by-step guide to building a real family emergency plan. Learn what to agree on, what to prepare, and how to practice so everyone knows exactly what to do when it matters most.

4 modules

What you'll learn

- ✓ Set clear meeting points and emergency contacts
- ✓ Define each person's role and specific needs
- ✓ Build an emergency bag and organize key documents
- ✓ Practice and update your plan regularly

Syllabus

1 Agreements before an emergency

Meeting point and contacts Roles and each person's needs

2 Prepare and practice

Emergency bag and documents Practice and update

Who is it for?

Parents and caregivers who want a clear, practical plan to keep their family safe and calm in an emergency.

Start today at capacita.paulovila.org

Capacita · Study better, work better.